

**2019 AppleMan Triathlon
Final Results - Individual**

7/31/2019

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| NUM. | NAME | CATEGORY | Swim 0.50 | | Bike 12.00 | | Run 3.00 | | Total Event | | |
|------|----------|----------|--------------|--------|---------------|---------|-------------|-------|-------------|---------|---------|
| | | | CAT/OV | TIME | CAT/OV | TIME | CAT/OV | TIME | CAT/OV | TIME | |
| 218 | Goodrow | Bob | Aquabike M | 3/ 258 | 00:00:00 | 2 / 156 | 42:30 | 2 / 2 | :50 | 1 / 1 | 43:20 |
| 217 | Murray | Dave | Aquabike M | 2/ 257 | 00:00:00 | 3 / 197 | 47:33 | 1 / 1 | :46 | 2 / 2 | 48:20 |
| 309 | Henry | Todd | Aquabike M | 1/ 52 | 16:45 | 1 / 40 | 35:41 | 3 / 8 | 1:58 | 3 / 3 | 54:25 |
| 299 | Adlman | Sue | Aquabike F | 5/ 273 | 00:00:00 | 5 / 261 | 59:38 | 3 / 5 | 1:22 | 1 / 7 | 1:01:00 |
| 281 | Benoit | Jaclynn | Aquabike F | 1/ 116 | 19:37 | 2 / 131 | 43:38 | 2 / 3 | 1:12 | 2 / 11 | 1:04:28 |
| 282 | Wildt | Adrienne | Aquabike F | 3/ 140 | 20:54 | 1 / 120 | 42:22 | 1 / 4 | 1:12 | 3 / 12 | 1:04:29 |
| 283 | Kinghorn | Sarah | Aquabike F | 2/ 131 | 20:27 | 3 / 173 | 48:12 | 5 / 7 | 1:35 | 4 / 32 | 1:10:15 |
| 280 | Gorman | Samantha | Aquabike F | 4/ 147 | 21:25 | 4 / 236 | 57:16 | 4 / 6 | 1:28 | 5 / 104 | 1:20:10 |