

# 2019 FirmMan Half Iron Triathlon

## Final Results - Individual

9/20/2019

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NUM.	NAME	CATEGORY	Swim 1.00		TRANS 1	Bike 56.02		TRANS 2	Run 13.19		Total Event		
			CAT/OV	TIME		CAT/OV	TIME		CAT/OV	TIME	CAT/OV	TIME	
85	Alford	Matt	Elite Men	1 / 1	23:12	1:04	1 / 2	2:14:16	:49	1 / 1	1:18:32	1 / 1	3:57:55
98	Gravina	Dana	M 40-44	1 / 5	27:55	1:01	1 / 3	2:18:31	1:13	1 / 2	1:25:10	1 / 2	4:13:51
87	Jakoboski	Derek	Elite Men	2 / 2	24:23	:46	2 / 4	2:23:01	:43	2 / 5	1:33:43	2 / 3	4:22:37
21	Borek	Mateusz	M 30-34	2 / 8	29:05	1:23	1 / 7	2:29:54	1:00	2 / 4	1:32:17	1 / 4	4:33:40
48	McCormack	Walter	M 50-54	1 / 6	28:22	1:52	1 / 5	2:27:54	1:07	1 / 7	1:36:52	1 / 5	4:36:09
20	Palermo	Dan	M 30-34	1 / 4	26:46	1:12	2 / 15	2:41:50	1:09	1 / 3	1:29:26	2 / 6	4:40:23
77	LaRiviere	John	M 50-54	2 / 7	28:41	1:48	2 / 11	2:37:02	1:27	2 / 8	1:36:52	2 / 7	4:45:52
24	Greene	Andrew	M 35-39	1 / 15	31:11	1:30	1 / 8	2:31:56	1:17	1 / 12	1:42:40	1 / 8	4:48:35
18	McConnell	Greg	M 25-29	5 / 51	39:55	1:15	1 / 6	2:29:32	1:29	1 / 10	1:39:28	1 / 9	4:51:42
19	Goodman	Brian	M 25-29	2 / 36	36:08	1:33	2 / 9	2:33:55	:48	2 / 13	1:43:11	2 / 10	4:55:37
91	Clare	Jeff	M 45-49	1 / 14	31:05	2:08	1 / 10	2:36:40	2:02	2 / 20	1:48:31	1 / 11	5:00:28
30	Mehner	Sean	M 40-44	3 / 25	32:41	1:40	2 / 18	2:46:40	1:34	2 / 9	1:38:52	2 / 12	5:01:29
88	Lewis	Steven	M 60-64	1 / 26	32:44	1:05	1 / 12	2:40:33	:52	1 / 15	1:47:42	1 / 13	5:02:58
86	Lamothe	Bob	M 65-69	2 / 33	35:21	1:57	1 / 13	2:40:45	:57	1 / 18	1:48:13	1 / 14	5:07:16
32	Shardlow	Christopher	M 40-44	4 / 27	32:58	4:11	4 / 25	2:53:36	:57	3 / 11	1:42:17	3 / 15	5:14:01
17	Owen	Luke	M 25-29	1 / 10	29:15	2:17	3 / 23	2:51:29	1:23	4 / 23	1:54:19	3 / 16	5:18:44
71	Anderson	Jason	M 30-34	3 / 17	31:22	2:17	3 / 27	2:55:23	2:06	3 / 21	1:48:43	3 / 17	5:19:52
33	Christensen	Erik	M 40-44	6 / 56	41:41	2:27	3 / 19	2:46:56	:56	4 / 19	1:48:22	4 / 18	5:20:24
73	Carpenter	Robin	M 60-64	2 / 48	39:30	2:08	2 / 20	2:48:38	2:21	2 / 17	1:48:01	2 / 19	5:20:39
50	Cook	Matthew	M 50-54	3 / 9	29:09	1:49	3 / 17	2:44:00	2:02	6 / 35	2:05:18	3 / 20	5:22:19

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NUM.	NAME	CATEGORY	Swim 1.00			Bike 56.02			Run 13.19		Total Event		
			CAT/OV	TIME	TRANS 1	CAT/OV	TIME	TRANS 2	CAT/OV	TIME	CAT/OV	TIME	
4	Weiss	Candice	F 25-29	1 / 21	32:19	2:07	1 / 48	3:13:27	1:20	1 / 6	1:34:09	1 / 21	5:23:23
60	Greene	Philip	M 55-59	4 / 16	31:13	2:11	1 / 16	2:43:09	2:04	2 / 38	2:06:50	1 / 22	5:25:28
58	Albertson	Derek	M 55-59	1 / 11	29:27	1:29	3 / 28	2:57:52	1:17	1 / 27	2:00:23	2 / 23	5:30:30
39	Medeiros	James	Clydesdale	1 / 45	38:57	2:03	1 / 14	2:41:31	1:29	1 / 40	2:08:07	1 / 24	5:32:08
51	Silbert	Tony	M 50-54	8 / 46	39:02	4:03	4 / 21	2:50:16	2:34	3 / 24	1:57:25	4 / 25	5:33:23
52	Nixdorff	Stuart	M 50-54	6 / 35	36:04	1:45	5 / 22	2:50:53	1:30	5 / 34	2:03:53	5 / 26	5:34:07
16	Pallant	Benjamin	M 25-29	4 / 50	39:36	2:46	4 / 31	3:00:13	1:30	3 / 22	1:50:11	4 / 27	5:34:18
56	Cloherty	John	M 55-59	2 / 12	29:34	3:25	2 / 24	2:52:37	1:33	3 / 44	2:12:01	3 / 28	5:39:13
97	Tibbetts	Erica	F 30-34	4 / 47	39:10	1:52	3 / 46	3:12:05	1:11	1 / 16	1:47:51	1 / 29	5:42:12
64	White	Dennis	M 65-69	1 / 28	33:30	2:11	2 / 38	3:02:46	1:18	2 / 33	2:03:23	2 / 30	5:43:09
74	Baginski	Martin	M 30-34	5 / 52	39:58	3:37	4 / 30	2:59:01	3:09	4 / 26	2:00:03	4 / 31	5:45:50
54	Deverix	Daniel	M 50-54	5 / 30	34:05	2:14	7 / 34	3:00:51	1:34	7 / 41	2:08:55	6 / 32	5:47:41
27	Fasoldt	Henry	M 35-39	2 / 31	34:09	2:17	2 / 29	2:58:15	1:57	2 / 45	2:12:01	2 / 33	5:48:41
37	Long	Thom	M 40-44	2 / 20	32:19	1:35	5 / 26	2:54:02	2:01	8 / 52	2:21:39	5 / 34	5:51:38
90	Yates	Danielle	F 35-39	1 / 32	34:59	2:57	1 / 42	3:07:09	2:09	1 / 37	2:06:27	1 / 35	5:53:43
75	Ladas	Andreas	M 45-49	2 / 18	31:32	4:02	2 / 32	3:00:27	3:26	4 / 47	2:15:15	2 / 36	5:54:45
29	Marjon	Philip	M 40-44	5 / 37	36:09	3:41	6 / 36	3:02:14	4:02	7 / 42	2:10:30	6 / 37	5:56:36
42	Connell	Casey	M 45-49	5 / 63	44:18	4:18	5 / 50	3:20:16	4:00	1 / 14	1:45:04	3 / 38	5:57:57
22	Rector	Daniel	M 30-34	4 / 23	32:33	3:04	5 / 39	3:03:12	1:47	5 / 50	2:18:08	5 / 39	5:58:46
5	Thompson	Taylor	F 25-29	2 / 24	32:36	2:35	2 / 57	3:26:58	2:00	2 / 25	1:59:17	2 / 40	6:03:29
47	Sennott	Joseph	M 50-54	9 / 61	43:02	4:45	6 / 33	3:00:40	4:29	8 / 43	2:11:29	7 / 41	6:04:25

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NUM.	NAME	CATEGORY	Swim 1.00			Bike 56.02			Run 13.19		Total Event		
			CAT/OV	TIME	TRANS 1	CAT/OV	TIME	TRANS 2	CAT/OV	TIME	CAT/OV	TIME	
95	Brewster	Larissa	F 30-34	2 / 22	32:29	2:31	4 / 58	3:29:02	1:21	2 / 28	2:00:44	2 / 42	6:06:09
40	Murphy	William	M 45-49	4 / 59	42:30	3:25	4 / 44	3:10:32	2:42	3 / 39	2:08:02	4 / 43	6:07:14
31	Allessi	Phil	M 40-44	7 / 57	41:43	3:39	8 / 52	3:22:00	1:34	5 / 30	2:02:27	7 / 44	6:11:26
6	Papantonio	Amy	F 30-34	1 / 19	31:53	3:22	5 / 60	3:30:08	2:38	3 / 36	2:05:39	3 / 45	6:13:43
15	Parsons	Mary	F 55-59	2 / 60	42:54	2:58	1 / 54	3:24:13	1:59	1 / 32	2:03:13	1 / 46	6:15:18
26	Gray	Ian	M 35-39	4 / 55	40:58	2:39	4 / 45	3:10:59	3:04	3 / 49	2:17:39	3 / 47	6:15:21
61	Hoskins	Doug	M 55-59	3 / 13	29:59	2:17	4 / 37	3:02:43	1:57	5 / 63	2:40:04	4 / 48	6:17:02
8	Browning	Kerry	F 30-34	3 / 42	38:23	2:49	2 / 43	3:08:29	1:33	4 / 54	2:26:18	4 / 49	6:17:34
53	Woodward	Bo	M 50-54	7 / 41	38:23	4:35	10 / 59	3:29:15	3:54	4 / 29	2:01:44	8 / 50	6:17:53
10	Gudaz	Jennifer	F 40-44	1 / 38	36:12	5:02	1 / 35	3:01:46	4:15	1 / 58	2:32:44	1 / 51	6:20:02
25	Padanyi	Alex	M 35-39	3 / 44	38:35	2:29	3 / 41	3:04:49	3:03	4 / 59	2:34:53	4 / 52	6:23:51
78	Bretz	Robert	M 25-29	3 / 43	38:25	6:47	5 / 53	3:22:15	4:29	5 / 48	2:15:49	5 / 53	6:27:47
55	Jaffe	Joseph	M 55-59	5 / 49	39:32	8:55	5 / 55	3:26:34	5:25	4 / 46	2:12:46	5 / 54	6:33:14
28	Frawley	James	M 40-44	8 / 62	43:15	3:39	7 / 49	3:20:14	2:54	9 / 56	2:27:05	8 / 55	6:37:08
63	Cementina	Alan	M 65-69	3 / 34	35:58	1:09	3 / 51	3:21:04	2:36	3 / 61	2:37:19	3 / 56	6:38:08
34	Raskett	Scott	M 40-44	9 / 67	50:28	3:30	9 / 61	3:34:32	6:54	6 / 31	2:03:01	9 / 57	6:38:27
96	Kiely	Asher	M 20-24	1 / 3	26:42	4:09	1 / 65	3:39:06	2:59	1 / 53	2:25:34	1 / 58	6:38:31
41	Plone	Michael	M 45-49	6 / 64	44:27	7:58	3 / 40	3:04:03	9:15	6 / 60	2:36:16	5 / 59	6:42:01
12	Thibeau	Kim	F 45-49	1 / 40	38:00	3:09	1 / 62	3:34:56	1:38	1 / 62	2:37:58	1 / 60	6:55:43
43	Cerrone	Marc	M 45-49	3 / 54	40:49	2:23	7 / 68	3:51:52	2:00	5 / 55	2:26:23	6 / 61	7:03:30

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NUM.	NAME	CATEGORY	Swim 1.00			Bike 56.02			Run 13.19		Total Event		
			CAT/OV	TIME	TRANS 1	CAT/OV	TIME	TRANS 2	CAT/OV	TIME	CAT/OV	TIME	
46	Lunardini	Matthew	M 50-54	11 / 69	59:37	4:06	11 / 64	3:37:12	2:19	9 / 51	2:20:22	9 / 62	7:03:38
14	Golden	Ellen	F 55-59	1 / 58	42:05	6:01	2 / 66	3:46:04	3:24	2 / 57	2:28:39	2 / 63	7:06:15
92	Whipple	Cassidy	F 20-24	1 / 39	37:37	3:29	1 / 63	3:34:58	2:18	1 / 64	2:49:11	1 / 64	7:07:35
45	Kosman	Rob	M 50-54	10 / 66	48:05	6:06	8 / 47	3:12:20	6:18	10 / 66	3:05:47	10 / 65	7:18:38
38	Johnson	David	M 45-49	7 / 65	47:12	5:48	6 / 67	3:47:52	3:13	7 / 65	3:01:50	7 / 66	7:45:57
7	Colburn	Lealey	F 30-34	5 / 68	50:46	5:30	1 / 1	2:13:50	00:00:00	5 / 67	00:00:00	5 / 67	DNF
9	Mayer	Emily	F 40-44	2 / 53	40:39	3:20	2 / 69	00:00:00	00:00:00	2 / 68	00:00:00	2 / 68	DNF
49	Dooley	George	M 50-54	4 / 29	33:38	4:43	9 / 56	4:00:33	00:00:00	11 / 69	00:00:00	11 / 69	DNF