

2016 Tri the Gulf Triathlon

Age Group Results

October 15, 2016

Results by Cajun Timing (contact info@cajuntiming.com)

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Open Winners

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | | |
|----------|-------|------------------------|-------------------|-----------------------|-----|-------|------------------------|--------|-------|---------|----------------------|--------|-------|---------|--------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 1 | Yekaterina Karpitskaya | Biloxi MS | 226 | 39 | ***** | 10:17.1 | 1:23.3 | ***** | 37:33.2 | 21.3mph | 0:56.7 | ***** | 23:02.1 | 6:59/M | 1:13:12.4 |
| 2 | 2 | Maggs Morris | Black Mountain NC | 8 | 44 | ***** | 10:10.5 | 0:45.0 | ***** | 35:55.0 | 22.2mph | 0:33.8 | ***** | 25:48.2 | 7:49/M | 1:13:12.6 |
| 3 | 3 | Lori Goldweber | Birmingham AL | 202 | 53 | ***** | 11:33.9 | 1:00.3 | ***** | 38:49.3 | 20.6mph | 0:54.2 | ***** | 24:38.4 | 7:28/M | 1:16:56.1 |

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Female 19 and Under

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | | |
|----------|-------|----------------|--------------|-----------------------|-----|-----|------------------------|--------|-----|-----------|----------------------|--------|-------|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 23 | Gracie Boykin | Demopolis AL | 273 | 16 | 1 | 12:02.8 | 1:45.8 | 1 | 48:42.1 | 16.4mph | 0:33.4 | 1 | 27:52.2 | 8:27/M | 1:30:56.3 |
| 2 | 67 | Soline McGee | Landrum SC | 46 | 16 | 2 | 14:04.7 | 6:02.3 | 3 | 55:15.3 | 14.4mph | 1:23.0 | 2 | 37:47.5 | 11:27/M | 1:54:32.8 |
| 3 | 71 | Madison Split | Mobile AL | 65 | 15 | 3 | 14:47.5 | 3:10.0 | 2 | 54:37.5 | 14.6mph | 3:29.7 | 4 | 41:23.9 | 12:32/M | 1:57:28.6 |
| 4 | 76 | Sanaz Tafazoli | Mobile AL | 88 | 15 | 4 | 15:26.6 | 2:18.9 | 5 | 1:01:41.4 | 12.9mph | 1:35.1 | 3 | 39:18.1 | 11:55/M | 2:00:20.1 |
| 5 | 80 | Morgan Split | Mobile AL | 230 | 14 | 5 | 15:43.2 | 3:23.7 | 4 | 1:00:07.7 | 13.3mph | 2:01.5 | 5 | 47:12.2 | 14:18/M | 2:08:28.3 |
| 6 | 83 | Emma Hwang | Mobile AL | 269 | 14 | 6 | 22:18.5 | 3:30.2 | 6 | 1:16:08.7 | 10.5mph | 1:05.8 | 6 | 48:05.7 | 14:34/M | 2:31:08.9 |

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Female 20 to 24

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | | |
|----------|-------|-----------------|-------------|-----------------------|-----|-----|------------------------|--------|-----|---------|----------------------|--------|-------|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 24 | Molly Fortner | Mobile AL | 246 | 20 | 1 | 11:09.6 | 1:34.3 | 1 | 43:17.6 | 18.4mph | 1:23.5 | 2 | 34:32.7 | 10:28/M | 1:31:57.7 |
| 2 | 45 | Mallory Parrish | Fairhope AL | 110 | 24 | 3 | 15:09.1 | 1:33.6 | 2 | 51:12.3 | 15.6mph | 2:34.8 | 1 | 31:16.5 | 9:28/M | 1:41:46.3 |

3 66 Emeline McGee Landrum SC 47 24 2 14:47.6 5:13.3 3 52:25.0 15.2mph 4:14.1 3 37:47.5 11:27/M 1:54:27.5

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Female 25 to 29

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | | |
|----------|-------|------------------------|------------------|-----------------------|-----|-----|------------------------|--------|-----|-----------|----------------------|--------|-------|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 14 | Margot Fontenot | Mobile AL | 250 | 25 | 3 | 13:13.7 | 1:28.5 | 1 | 44:39.6 | 17.9mph | 1:13.7 | 2 | 26:47.5 | 8:07/M | 1:27:23.0 |
| 2 | 18 | Amanda Cornelison | Fairhope AL | 223 | 27 | 1 | 12:27.8 | 2:28.1 | 2 | 46:49.9 | 17.0mph | 1:02.8 | 1 | 26:39.7 | 8:05/M | 1:29:28.3 |
| 3 | 38 | Jayne Hafizi | Mobile AL | 170 | 25 | 5 | 14:05.2 | 2:32.4 | 5 | 51:06.1 | 15.6mph | 1:44.1 | 4 | 29:43.6 | 9:00/M | 1:39:11.4 |
| 4 | 39 | Holly Dix | New Orleans LA | 221 | 26 | 6 | 14:07.3 | 2:09.6 | 3 | 48:35.6 | 16.4mph | 2:05.6 | 5 | 32:22.3 | 9:48/M | 1:39:20.4 |
| 5 | 47 | Tory Saunders | Mobile AL | 79 | 27 | 4 | 13:48.7 | 2:32.2 | 7 | 56:33.6 | 14.1mph | 1:05.8 | 3 | 29:08.0 | 8:50/M | 1:43:08.3 |
| 6 | 57 | Rachel Hoadley-Clausen | Mobile AL | 154 | 27 | 7 | 15:07.5 | 2:37.4 | 6 | 52:42.9 | 15.1mph | 1:55.7 | 8 | 38:04.6 | 11:32/M | 1:50:28.1 |
| 7 | 63 | Sylvia Pinegar | Ocean Springs MS | 2 | 29 | 8 | 16:45.5 | 2:02.2 | 4 | 50:06.4 | 15.9mph | 1:55.1 | 10 | 42:40.6 | 12:56/M | 1:53:29.8 |
| 8 | 73 | Mary Morgan Weed | Mobile AL | 80 | 25 | 2 | 12:42.9 | 2:37.4 | 9 | 1:04:15.6 | 12.4mph | 1:32.4 | 9 | 38:26.6 | 11:39/M | 1:59:34.9 |
| 9 | 79 | Mariah Hinton | Mobile AL | 132 | 26 | 9 | 17:49.6 | 4:25.4 | 10 | 1:06:01.4 | 12.1mph | 1:45.8 | 7 | 37:45.5 | 11:26/M | 2:07:47.7 |
| 10 | 81 | Ashleigh Bowman | Mobile AL | 199 | 27 | 10 | 26:02.4 | 5:08.1 | 8 | 1:02:13.7 | 12.8mph | 2:36.4 | 6 | 36:56.0 | 11:12/M | 2:12:56.6 |

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Female 30 to 34

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | | |
|----------|-------|------------------|---------------|-----------------------|-----|-----|------------------------|--------|-----|---------|----------------------|--------|-------|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 7 | Lindsey Smith | Mobile AL | 97 | 30 | 2 | 13:05.3 | 1:23.4 | 1 | 42:14.9 | 18.9mph | 0:58.9 | 1 | 25:44.0 | 7:48/M | 1:23:26.5 |
| 2 | 19 | Helena Smith | Mobile AL | 160 | 33 | 6 | 14:48.3 | 2:19.3 | 2 | 44:02.4 | 18.1mph | 1:22.5 | 2 | 27:05.3 | 8:12/M | 1:29:37.8 |
| 3 | 31 | Rheann Usie | Raceland LA | 252 | 31 | 3 | 14:04.4 | 2:11.4 | 3 | 47:02.2 | 17.0mph | 0:49.9 | 6 | 32:11.3 | 9:45/M | 1:36:19.2 |
| 4 | 35 | Rebecca Shaw | Mobile AL | 107 | 32 | 4 | 14:10.6 | 2:49.1 | 4 | 48:11.6 | 16.6mph | 1:55.8 | 4 | 31:04.5 | 9:25/M | 1:38:11.6 |
| 5 | 42 | Kathleen Miller | Mobile AL | 179 | 31 | 5 | 14:19.2 | 3:57.6 | 6 | 48:35.3 | 16.4mph | 1:29.0 | 5 | 31:39.6 | 9:35/M | 1:40:00.7 |
| 6 | 46 | Megan Pearson | Atlanta GA | 284 | 32 | 1 | 12:47.3 | 3:10.2 | 9 | 54:24.1 | 14.7mph | 2:49.4 | 3 | 29:10.1 | 8:50/M | 1:42:21.1 |
| 7 | 49 | Jillian Williams | Mobile AL | 17 | 34 | 7 | 16:57.5 | 2:26.7 | 5 | 48:17.3 | 16.5mph | 1:23.9 | 7 | 34:56.0 | 10:35/M | 1:44:01.4 |
| 8 | 61 | Noelle Bramblett | Cantonment FL | 255 | 33 | 8 | 18:40.8 | 2:55.5 | 8 | 51:51.5 | 15.4mph | 2:10.4 | 9 | 36:55.7 | 11:11/M | 1:52:33.9 |
| 9 | 64 | Anna Mangham | Mobile AL | 128 | 31 | 9 | 21:55.9 | 3:22.6 | 7 | 49:36.8 | 16.1mph | 1:56.1 | 8 | 36:47.8 | 11:09/M | 1:53:39.2 |

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Female 35 to 39

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | | |
|----------|-------|--------------|-----------------|-----------------------|-----|-----|------------------------|--------|-----|---------|----------------------|--------|-------|---------|--------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 5 | Casey Lee | Madison MS | 117 | 38 | 1 | 9:55.7 | 0:48.7 | 1 | 39:06.8 | 20.4mph | 0:50.7 | 4 | 27:34.0 | 8:21/M | 1:18:15.9 |
| 2 | 16 | Cindy Pitler | Biloxi MS | 182 | 38 | 6 | 14:53.4 | 1:42.6 | 2 | 43:09.3 | 18.5mph | 1:28.5 | 3 | 26:52.7 | 8:08/M | 1:28:06.5 |
| 3 | 17 | Amanda Tyler | Spanish Fort AL | 3 | 38 | 2 | 12:40.3 | 2:33.7 | 5 | 48:03.6 | 16.6mph | 0:55.4 | 1 | 24:53.0 | 7:32/M | 1:29:06.0 |

| | | | | | | | | | | | | | | | | |
|----|----|-------------------|----------------|-----|----|----|---------|--------|----|-----------|---------|--------|----|---------|---------|-----------|
| 4 | 20 | Brittany Davidson | Bay Minette AL | 152 | 39 | 5 | 14:37.0 | 2:19.1 | 3 | 45:44.5 | 17.4mph | 1:32.1 | 2 | 26:10.2 | 7:56/M | 1:30:22.9 |
| 5 | 28 | Mandy Parker | Fairhope AL | 141 | 36 | 7 | 15:40.7 | 1:27.9 | 4 | 47:05.1 | 16.9mph | 0:53.6 | 5 | 29:42.7 | 9:00/M | 1:34:50.0 |
| 6 | 43 | Ashley Mayfield | Birmingham AL | 77 | 39 | 4 | 14:22.5 | 1:39.4 | 7 | 51:14.5 | 15.6mph | 1:31.8 | 6 | 31:25.7 | 9:31/M | 1:40:13.9 |
| 7 | 48 | Nicolette Duke | Mobile AL | 232 | 35 | 3 | 12:43.5 | 2:53.7 | 6 | 49:16.5 | 16.2mph | 1:52.2 | 8 | 36:23.4 | 11:02/M | 1:43:09.3 |
| 8 | 58 | Stacy Thornton | Grand Bay AL | 194 | 35 | 10 | 18:25.5 | 2:33.0 | 8 | 55:01.7 | 14.5mph | 1:01.0 | 7 | 33:29.2 | 10:09/M | 1:50:30.4 |
| 9 | 74 | Mariah Clark | Starkville MS | 212 | 37 | 8 | 16:13.6 | 3:40.7 | 9 | 59:46.1 | 13.4mph | 1:10.8 | 9 | 39:10.7 | 11:52/M | 2:00:01.9 |
| 10 | 78 | Loanna Torrance | Esto FL | 137 | 35 | 9 | 16:35.1 | 3:13.9 | 10 | 1:05:15.6 | 12.2mph | 1:53.6 | 10 | 40:45.4 | 12:21/M | 2:07:43.6 |

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Female 40 to 44

| Overall* | | | | ----- 600Y SWIM ----- | | | T1 | | | ----- 13.3M Bike ----- | | | T2 | | ----- 3.3M Run ----- | | Total |
|----------|-------|-----------------------|-------------------|-----------------------|-----|-----|---------|--------|-----|------------------------|---------|--------|-----|---------|----------------------|-----------|-------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 6 | Amy Mayo | Satsuma AL | 281 | 42 | 3 | 12:27.5 | 2:40.0 | 1 | 39:57.0 | 20.0mph | 1:32.1 | 3 | 25:25.5 | 7:42/M | 1:22:02.1 | |
| 2 | 9 | Lajuan Black | Mobile AL | 74 | 40 | 5 | 12:56.4 | 1:29.8 | 3 | 43:20.1 | 18.4mph | 0:59.1 | 2 | 24:49.7 | 7:31/M | 1:23:35.1 | |
| 3 | 11 | Donnelly Howard | Mobile AL | 29 | 40 | 7 | 13:13.1 | 1:14.6 | 6 | 45:04.8 | 17.7mph | 1:00.5 | 1 | 24:03.5 | 7:17/M | 1:24:36.5 | |
| 4 | 12 | Alicia Shoulta | Pensacola FL | 175 | 40 | 2 | 11:49.5 | 1:21.5 | 2 | 42:36.0 | 18.7mph | 1:18.3 | 4 | 27:38.3 | 8:22/M | 1:24:43.6 | |
| 5 | 13 | Anita Roth-Ehrlicher | Mobile AL | 164 | 42 | 1 | 10:38.0 | 1:18.3 | 10 | 46:27.0 | 17.2mph | 0:31.3 | 6 | 27:58.7 | 8:28/M | 1:26:53.3 | |
| 6 | 21 | Barbara Rivera Fulton | New Orleans LA | 73 | 43 | 10 | 14:35.3 | 1:04.4 | 5 | 44:20.4 | 18.0mph | 1:09.9 | 7 | 29:15.6 | 8:52/M | 1:30:25.6 | |
| 7 | 25 | Shelby Singleton | Elberta AL | 276 | 40 | 15 | 17:02.2 | 2:19.9 | 8 | 45:21.0 | 17.6mph | 1:26.5 | 5 | 27:41.3 | 8:23/M | 1:33:50.9 | |
| 8 | 29 | Allyson Lamey | Mobile AL | 32 | 44 | 8 | 13:53.1 | 1:28.0 | 4 | 43:32.2 | 18.3mph | 1:56.4 | 14 | 34:16.3 | 10:23/M | 1:35:06.0 | |
| 9 | 33 | Annette Porter-Ham | Spanish Fort AL | 177 | 43 | 9 | 14:13.8 | 1:30.3 | 7 | 45:16.7 | 17.6mph | 1:14.2 | 16 | 35:06.3 | 10:38/M | 1:37:21.3 | |
| 10 | 36 | Jennifer Ryan | Mobile AL | 145 | 40 | 6 | 13:05.0 | 2:46.5 | 11 | 47:56.3 | 16.6mph | 2:01.6 | 10 | 32:26.4 | 9:50/M | 1:38:15.8 | |
| 11 | 40 | Anna Katherine Ray | Mobile AL | 142 | 43 | 4 | 12:56.2 | 3:36.3 | 12 | 50:11.9 | 15.9mph | 1:29.7 | 8 | 31:34.4 | 9:34/M | 1:39:48.5 | |
| 12 | 41 | Crystal Smith | Cumming GA | 168 | 44 | 12 | 15:27.6 | 3:33.0 | 9 | 46:21.6 | 17.2mph | 2:10.7 | 9 | 32:21.8 | 9:48/M | 1:39:54.7 | |
| 13 | 55 | Renee Skinner | Pass Christian MS | 130 | 41 | 16 | 17:43.3 | 2:34.6 | 14 | 50:42.9 | 15.7mph | 2:13.7 | 17 | 37:10.6 | 11:16/M | 1:50:25.1 | |
| 14 | 59 | Tressie Ozley | Mc Calla AL | 53 | 41 | 11 | 14:39.6 | 2:04.4 | 13 | 50:22.3 | 15.8mph | 1:07.9 | 18 | 43:36.4 | 13:13/M | 1:51:50.6 | |
| 15 | 60 | Heather Grubbs | Grand Bay AL | 13 | 40 | 14 | 16:32.9 | 2:59.9 | 15 | 57:15.9 | 13.9mph | 1:21.8 | 13 | 33:52.8 | 10:16/M | 1:52:03.3 | |
| 16 | 65 | Mercedez Montgomery | Pensacola FL | 243 | 44 | 18 | 19:10.1 | 2:02.6 | 16 | 58:25.2 | 13.7mph | 1:06.7 | 11 | 33:32.8 | 10:10/M | 1:54:17.4 | |
| 17 | 70 | Carin Brock | Mobile AL | 155 | 40 | 13 | 16:32.5 | 3:34.3 | 17 | 1:00:47.3 | 13.1mph | 2:15.6 | 12 | 33:50.0 | 10:15/M | 1:56:59.7 | |
| 18 | 77 | Angela Revere | Spanish Fort AL | 167 | 42 | 17 | 18:27.2 | 3:42.1 | 18 | 1:07:49.7 | 11.8mph | 1:33.0 | 15 | 34:55.9 | 10:35/M | 2:06:27.9 | |

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Female 45 to 49

| Overall* | | | | ----- 600Y SWIM ----- | | | T1 | | | ----- 13.3M Bike ----- | | | T2 | | ----- 3.3M Run ----- | | Total |
|----------|-------|-----------------|-------------------|-----------------------|-----|-----|---------|--------|-----|------------------------|---------|--------|-----|---------|----------------------|-----------|-------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 8 | Brigette Myers | Ocean Springs MS | 1036 | 45 | 3 | 12:17.8 | 2:04.3 | 2 | 40:18.5 | 19.8mph | 1:42.0 | 1 | 27:04.2 | 8:12/M | 1:23:26.8 | |
| 2 | 10 | Jennifer Graham | Pass Christian MS | 241 | 45 | 1 | 11:35.2 | 1:58.2 | 1 | 39:46.0 | 20.1mph | 1:11.0 | 3 | 29:30.0 | 8:56/M | 1:24:00.4 | |
| 3 | 22 | Monica Warren | Mobile AL | 298 | 47 | 5 | 12:34.7 | 2:08.3 | 3 | 43:47.6 | 18.2mph | 1:13.9 | 4 | 31:10.5 | 9:27/M | 1:30:55.0 | |

| | | | | | | | | | | | | | | | | |
|----|----|----------------|-------------------|-----|----|----|---------|--------|----|-----------|---------|--------|----|---------|---------|-----------|
| 4 | 34 | Janice Maherg | Satsuma AL | 254 | 47 | 6 | 14:59.6 | 2:24.9 | 4 | 47:10.8 | 16.9mph | 1:01.4 | 5 | 31:49.5 | 9:38/M | 1:37:26.2 |
| 5 | 37 | Dawn Aultman | Sumrall MS | 156 | 46 | 8 | 16:18.6 | 2:43.6 | 5 | 47:46.5 | 16.7mph | 2:58.2 | 2 | 28:51.2 | 8:45/M | 1:38:38.1 |
| 6 | 53 | Lynn Dekle | Mobile AL | 180 | 49 | 4 | 12:32.0 | 3:31.8 | 7 | 55:59.0 | 14.3mph | 1:57.4 | 6 | 34:44.0 | 10:32/M | 1:48:44.2 |
| 7 | 54 | Sasra Wolf | Auburn AL | 102 | 48 | 2 | 12:16.4 | 2:51.3 | 6 | 49:38.5 | 16.1mph | 2:18.8 | 8 | 42:44.2 | 12:57/M | 1:49:49.2 |
| 8 | 68 | Rhonda Nettles | Pass Christian MS | 94 | 48 | 7 | 15:18.2 | 3:23.6 | 8 | 59:27.9 | 13.4mph | 1:32.6 | 7 | 34:54.3 | 10:35/M | 1:54:36.6 |
| 9 | 84 | Shannon Waters | Mobile AL | 105 | 46 | 9 | 16:36.5 | 9:24.7 | 11 | 1:17:48.9 | 10.3mph | 2:38.7 | 9 | 45:24.5 | 13:45/M | 2:31:53.3 |
| 10 | 85 | Julie Edge | Saraland AL | 264 | 47 | 11 | 23:14.5 | 4:05.4 | 9 | 1:12:37.1 | 11.0mph | 2:04.5 | 10 | 52:29.5 | 15:54/M | 2:34:31.0 |
| 11 | 86 | Karen Sorrells | Saraland AL | 263 | 47 | 10 | 23:12.8 | 4:08.2 | 10 | 1:12:39.3 | 11.0mph | 1:58.8 | 11 | 52:37.6 | 15:57/M | 2:34:36.7 |

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Female 50 to 54

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | | |
|----------|-------|------------------|---------------------|-----------------------|-----|-----|------------------------|--------|-----|-----------|----------------------|--------|-------|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 26 | Sherri Enlow | Robertsdale AL | 49 | 52 | 3 | 14:50.5 | 1:51.9 | 2 | 45:32.0 | 17.5mph | 1:21.8 | 1 | 31:01.9 | 9:24/M | 1:34:38.1 |
| 2 | 27 | Kathleen Oconnor | Mobile AL | 144 | 54 | 1 | 11:47.8 | 2:41.1 | 1 | 44:13.1 | 18.0mph | 1:43.9 | 4 | 34:12.6 | 10:22/M | 1:34:38.5 |
| 3 | 30 | Deanna Brandt | Lake Saint Louis MO | 31 | 52 | 2 | 13:51.0 | 0:54.2 | 3 | 45:52.2 | 17.4mph | 1:41.9 | 3 | 33:15.1 | 10:05/M | 1:35:34.4 |
| 4 | 32 | Diana Gough | Mobile AL | 143 | 54 | 4 | 15:21.1 | 1:43.0 | 4 | 45:53.8 | 17.4mph | 1:35.9 | 2 | 32:25.8 | 9:49/M | 1:36:59.6 |
| 5 | 62 | Karla Draughon | Grand Bay AL | 91 | 54 | 7 | 18:01.4 | 2:54.8 | 6 | 52:23.0 | 15.2mph | 0:55.9 | 5 | 38:26.7 | 11:39/M | 1:52:41.8 |
| 6 | 69 | Meg Hargett | Jackson TN | 123 | 52 | 5 | 16:36.2 | 3:28.0 | 5 | 49:16.7 | 16.2mph | 3:43.6 | 6 | 43:23.9 | 13:09/M | 1:56:28.4 |
| 7 | 82 | Elise Split | Mobile AL | 64 | 51 | 6 | 17:16.2 | 5:22.2 | 7 | 1:03:09.8 | 12.6mph | 2:30.2 | 7 | 47:05.1 | 14:16/M | 2:15:23.5 |

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Female 55 to 59

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | | |
|----------|-------|----------------|-------------------|-----------------------|-----|-----|------------------------|--------|-----|---------|----------------------|--------|-------|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 4 | Ginger Spansel | Tuscaloosa AL | 15 | 55 | 1 | 10:14.2 | 0:32.3 | 1 | 38:54.5 | 20.5mph | 0:38.8 | 1 | 26:37.7 | 8:04/M | 1:16:57.6 |
| 2 | 15 | Julee Waldrop | Mobile AL | 287 | 57 | 2 | 13:15.6 | 1:08.0 | 3 | 44:17.9 | 18.0mph | 1:00.3 | 2 | 28:22.6 | 8:36/M | 1:28:04.4 |
| 3 | 44 | Nancy Knapp | Mobile AL | 19 | 58 | 5 | 17:02.7 | 1:41.3 | 2 | 43:59.1 | 18.1mph | 1:49.4 | 4 | 36:07.8 | 10:57/M | 1:40:40.3 |
| 4 | 51 | Lou Schambeau | Theodore AL | 192 | 56 | 3 | 15:00.0 | 1:58.9 | 5 | 52:00.7 | 15.3mph | 3:03.0 | 3 | 32:44.3 | 9:55/M | 1:44:46.9 |
| 5 | 56 | Ellen Broach | Dauphin Island AL | 220 | 59 | 4 | 16:12.2 | 4:24.4 | 4 | 50:13.4 | 15.9mph | 2:05.6 | 6 | 37:29.9 | 11:22/M | 1:50:25.5 |
| 6 | 75 | Dawn Wilson | Crestview FL | 261 | 56 | 6 | 20:40.4 | 3:12.4 | 6 | 58:05.7 | 13.7mph | 1:35.5 | 5 | 36:31.7 | 11:04/M | 2:00:05.7 |

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Female 60 to 64

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | | |
|----------|-------|----------------|--------------|-----------------------|-----|-----|------------------------|--------|-----|---------|----------------------|--------|-------|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 50 | Marita Martin | Grand Bay AL | 83 | 64 | 2 | 15:59.0 | 2:55.6 | 1 | 47:01.5 | 17.0mph | 2:05.5 | 1 | 36:20.9 | 11:01/M | 1:44:22.5 |
| 2 | 52 | Carlene Miller | Jackson TN | 174 | 63 | 1 | 15:21.1 | 3:15.4 | 2 | 47:33.9 | 16.8mph | 2:03.8 | 2 | 39:20.7 | 11:55/M | 1:47:34.9 |

[Top](#)**Female 65 and Over**

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | T2 | ----- 3.3M Run ----- | | Total | | | | |
|----------|-------|------------------|-----------|-----------------------|-----|-----|------------------------|--------|-----|----------------------|---------|--------|-----|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 72 | Harriet Callahan | Mobile AL | 27 | 68 | 1 | 18:07.0 | 3:33.5 | 1 | 52:29.0 | 15.2mph | 1:54.8 | 1 | 42:33.0 | 12:54/M | 1:58:37.3 |

[Top](#)**Open Winners**

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | T2 | ----- 3.3M Run ----- | | Total | | | | |
|----------|-------|-------------------|-----------------------|-----------------------|-----|-------|------------------------|--------|-------|----------------------|---------|--------|-------|---------|--------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 1 | Stephen Schroeder | Pensacola FL | 275 | 23 | ***** | 9:40.6 | 0:50.9 | ***** | 35:49.3 | 22.3mph | 1:05.6 | ***** | 16:44.7 | 5:04/M | 1:04:11.1 |
| 2 | 2 | Joey Lee | Madison MS | 116 | 48 | ***** | 9:26.7 | 0:49.0 | ***** | 34:59.9 | 22.8mph | 0:33.5 | ***** | 22:31.8 | 6:49/M | 1:08:21.0 |
| 3 | 3 | Sean Casey | Atlantic Highlands NJ | 213 | 49 | ***** | 11:05.2 | 1:19.5 | ***** | 34:02.3 | 23.4mph | 0:46.1 | ***** | 21:26.8 | 6:30/M | 1:08:39.9 |

[Top](#)**Male 20 to 24**

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | T2 | ----- 3.3M Run ----- | | Total | | | | |
|----------|-------|----------------|---------------|-----------------------|-----|-----|------------------------|--------|-----|----------------------|---------|--------|-----|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 36 | Adam Beeson | Mobile AL | 57 | 21 | 2 | 11:58.6 | 2:11.0 | 2 | 45:18.0 | 17.6mph | 0:36.0 | 1 | 23:44.0 | 7:12/M | 1:23:47.6 |
| 2 | 41 | Mason Matzek | Huntsville AL | 151 | 22 | 1 | 11:10.7 | 2:11.2 | 4 | 46:56.6 | 17.0mph | 0:47.7 | 2 | 23:46.2 | 7:12/M | 1:24:52.4 |
| 3 | 44 | Thomas Loxley | Auburn AL | 231 | 24 | 3 | 12:04.9 | 2:38.2 | 1 | 43:44.1 | 18.2mph | 1:34.7 | 3 | 25:43.9 | 7:48/M | 1:25:45.8 |
| 4 | 103 | Sam Miller | Starkville MS | 149 | 20 | 7 | 18:22.5 | 3:56.4 | 3 | 46:13.7 | 17.3mph | 2:09.6 | 4 | 27:19.9 | 8:17/M | 1:38:02.1 |
| 5 | 116 | Austin Markham | Hartselle AL | 150 | 21 | 5 | 15:29.5 | 4:43.1 | 5 | 48:19.9 | 16.5mph | 1:19.5 | 6 | 32:21.8 | 9:48/M | 1:42:13.8 |
| 6 | 132 | John Papenburg | Decatur AL | 112 | 22 | 4 | 13:08.7 | 2:04.1 | 6 | 54:19.0 | 14.7mph | 1:36.8 | 7 | 36:20.2 | 11:01/M | 1:47:28.8 |
| 7 | 141 | Matthew Woody | Auburn AL | 210 | 22 | 6 | 17:47.4 | 3:23.5 | 7 | 58:10.0 | 13.7mph | 0:44.7 | 5 | 31:21.3 | 9:30/M | 1:51:26.9 |

[Top](#)**Male 25 to 29**

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | T2 | ----- 3.3M Run ----- | | Total | | | | |
|----------|-------|----------------|-----------------|-----------------------|-----|-----|------------------------|--------|-----|----------------------|---------|--------|-----|---------|--------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 9 | Jason Swack | Mobile AL | 297 | 29 | 9 | 12:11.5 | 1:24.6 | 1 | 35:38.1 | 22.4mph | 0:50.7 | 1 | 22:28.0 | 6:48/M | 1:12:32.9 |
| 2 | 19 | David Anderson | Fairhope AL | 244 | 28 | 7 | 11:58.8 | 1:56.1 | 2 | 40:35.4 | 19.7mph | 1:13.3 | 3 | 23:02.8 | 6:59/M | 1:18:46.4 |
| 3 | 27 | Cory McGee | Mobile AL | 268 | 29 | 1 | 10:55.4 | 2:22.3 | 5 | 42:11.5 | 18.9mph | 0:49.4 | 5 | 25:04.8 | 7:36/M | 1:21:23.4 |
| 4 | 29 | Ira Schwartz | Pensacola FL | 242 | 27 | 10 | 12:17.0 | 1:24.6 | 4 | 41:59.5 | 19.0mph | 1:26.3 | 4 | 24:49.1 | 7:31/M | 1:21:56.5 |
| 5 | 35 | Luca Marcosano | Milton FL | 249 | 26 | 6 | 11:58.4 | 1:43.3 | 7 | 46:14.8 | 17.3mph | 0:49.7 | 2 | 22:39.4 | 6:52/M | 1:23:25.6 |
| 6 | 42 | Seth Parker | Mobile AL | 218 | 27 | 4 | 11:50.8 | 2:01.7 | 6 | 43:15.6 | 18.5mph | 1:10.9 | 7 | 26:48.4 | 8:07/M | 1:25:07.4 |
| 7 | 54 | Tray Morgan | Spanish Fort AL | 66 | 29 | 2 | 11:45.8 | 1:46.0 | 8 | 47:11.0 | 16.9mph | 0:51.3 | 6 | 26:32.0 | 8:02/M | 1:28:06.1 |

| | | | | | | | | | | | | | | | | |
|----|-----|-------------------|------------------|-----|----|----|---------|--------|----|-----------|---------|--------|----|---------|---------|-----------|
| 8 | 75 | Kyle Duncan | Mobile AL | 111 | 29 | 11 | 12:19.5 | 2:38.7 | 3 | 41:16.4 | 19.3mph | 1:57.0 | 15 | 33:51.2 | 10:15/M | 1:32:02.8 |
| 9 | 82 | Andrew Ingram | Lexington KY | 309 | 29 | 8 | 12:01.3 | 1:09.8 | 10 | 48:34.7 | 16.4mph | 1:36.6 | 12 | 30:47.6 | 9:20/M | 1:34:10.0 |
| 10 | 87 | John Hartenbach | Huntsville AL | 76 | 27 | 5 | 11:54.3 | 3:05.2 | 12 | 49:48.0 | 16.0mph | 1:10.4 | 11 | 29:39.8 | 8:59/M | 1:35:37.7 |
| 11 | 101 | Jeremy Vines | | 307 | 28 | 15 | 14:27.4 | 3:30.9 | 11 | 49:42.9 | 16.1mph | 2:49.5 | 8 | 27:13.3 | 8:15/M | 1:37:44.0 |
| 12 | 107 | David Manush | Birmingham AL | 171 | 25 | 12 | 12:42.3 | 3:47.2 | 17 | 54:09.8 | 14.7mph | 0:52.3 | 9 | 27:34.9 | 8:21/M | 1:39:06.5 |
| 13 | 110 | Erich Dix | New Orleans LA | 222 | 26 | 13 | 13:06.0 | 3:09.1 | 9 | 48:27.5 | 16.5mph | 2:16.3 | 14 | 32:21.4 | 9:48/M | 1:39:20.3 |
| 14 | 117 | Phillip Turner | Grand Bay AL | 304 | 28 | 16 | 15:15.6 | 4:06.2 | 15 | 53:10.2 | 15.0mph | 1:05.1 | 10 | 28:43.2 | 8:42/M | 1:42:20.3 |
| 15 | 135 | Kaleb Showalter | Ocean Springs MS | 228 | 29 | 3 | 11:50.4 | 3:51.9 | 16 | 53:26.5 | 14.9mph | 2:46.8 | 17 | 36:21.5 | 11:01/M | 1:48:17.1 |
| 16 | 139 | Christopher Roble | Daphne AL | 200 | 27 | 17 | 16:53.0 | 3:48.3 | 13 | 51:52.9 | 15.4mph | 2:58.0 | 16 | 34:30.3 | 10:27/M | 1:50:02.5 |
| 17 | 140 | Erik Angermann | Biloxi MS | 81 | 26 | 14 | 14:21.2 | 3:11.2 | 14 | 51:57.0 | 15.4mph | 2:44.7 | 19 | 39:08.9 | 11:52/M | 1:51:23.0 |
| 18 | 152 | Joseph Blaise III | Mobile AL | 119 | 26 | 18 | 17:55.0 | 3:47.0 | 18 | 57:40.7 | 13.8mph | 2:11.3 | 20 | 41:27.7 | 12:34/M | 2:03:01.7 |
| 19 | 156 | Justin Hammond | | 306 | 28 | 19 | 23:39.9 | 2:51.8 | 19 | 1:02:23.2 | 12.8mph | 1:34.5 | 18 | 36:33.9 | 11:05/M | 2:07:03.3 |
| 20 | 157 | Gavin Turner | Whiting IA | 95 | 26 | 20 | 26:57.7 | 2:50.7 | 20 | 1:03:55.9 | 12.5mph | 1:17.8 | 13 | 32:08.9 | 9:44/M | 2:07:11.0 |

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Male 30 to 34

| Overall* | | | ----- 600Y SWIM ----- | | | | T1 | | | ----- 13.3M Bike ----- | | | T2 | | ----- 3.3M Run ----- | | Total |
|----------|-------|-----------------|-----------------------|--------|-----|-----|---------|--------|-----|------------------------|---------|--------|-----|---------|----------------------|-----------|-------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 7 | Brandon Rouse | Saraland AL | 71 | 32 | 2 | 10:22.0 | 0:56.7 | 2 | 39:15.3 | 20.3mph | 0:42.8 | 1 | 20:16.7 | 6:08/M | 1:11:33.5 | |
| 2 | 13 | James Reynolds | Theodore AL | 289 | 32 | 5 | 12:05.0 | 1:18.7 | 1 | 37:20.6 | 21.4mph | 0:49.7 | 2 | 22:46.8 | 6:54/M | 1:14:20.8 | |
| 3 | 28 | Brent Rogers | Semmes AL | 37 | 33 | 4 | 11:54.6 | 1:09.3 | 3 | 40:10.7 | 19.9mph | 1:13.6 | 5 | 27:13.9 | 8:15/M | 1:21:42.1 | |
| 4 | 47 | Weathers Bolt | Mobile AL | 302 | 30 | 1 | 9:48.2 | 1:52.1 | 5 | 43:07.0 | 18.5mph | 1:00.8 | 11 | 30:04.0 | 9:07/M | 1:25:52.1 | |
| 5 | 49 | Mathieu Joncour | Mobile AL | 72 | 30 | 3 | 11:39.9 | 2:21.1 | 8 | 44:46.5 | 17.8mph | 1:14.4 | 4 | 26:11.0 | 7:56/M | 1:26:12.9 | |
| 6 | 55 | Joshua Rubey | Mobile AL | 129 | 34 | 16 | 16:44.2 | 2:24.7 | 4 | 40:48.2 | 19.6mph | 2:20.4 | 3 | 26:01.3 | 7:53/M | 1:28:18.8 | |
| 7 | 63 | Colin Zhu | New Orleans LA | 24 | 32 | 8 | 13:17.9 | 1:32.1 | 9 | 46:17.2 | 17.2mph | 1:29.4 | 8 | 27:18.4 | 8:16/M | 1:29:55.0 | |
| 8 | 72 | Owen Caron | Biloxi MS | 21 | 34 | 15 | 15:49.5 | 3:13.7 | 6 | 43:16.0 | 18.4mph | 2:10.3 | 6 | 27:14.4 | 8:15/M | 1:31:43.9 | |
| 9 | 79 | Dennis Joseph | | 305 | 34 | 13 | 14:33.4 | 2:15.4 | 13 | 47:42.2 | 16.7mph | 1:05.0 | 7 | 27:17.0 | 8:16/M | 1:32:53.0 | |
| 10 | 83 | Timothy Walker | Mobile AL | 187 | 31 | 9 | 13:26.3 | 4:04.0 | 10 | 46:38.1 | 17.1mph | 1:05.0 | 9 | 29:06.3 | 8:49/M | 1:34:19.7 | |
| 11 | 94 | James Rose | Richmond KY | 153 | 31 | 17 | 16:50.2 | 2:01.7 | 11 | 46:51.2 | 17.0mph | 1:00.1 | 10 | 29:42.5 | 9:00/M | 1:36:25.7 | |
| 12 | 95 | Casey Hicks | Platte City MO | 70 | 33 | 6 | 12:20.1 | 2:08.3 | 14 | 47:52.0 | 16.7mph | 1:01.9 | 15 | 33:23.7 | 10:07/M | 1:36:46.0 | |
| 13 | 96 | Chad Oliver | San Antonio TX | 87 | 30 | 7 | 12:57.4 | 1:54.2 | 12 | 47:08.1 | 16.9mph | 1:34.7 | 14 | 33:12.7 | 10:04/M | 1:36:47.1 | |
| 14 | 104 | Jeff Whitener | Mobile AL | 108 | 32 | 11 | 14:10.5 | 2:50.8 | 16 | 48:13.5 | 16.6mph | 1:53.8 | 12 | 31:02.6 | 9:24/M | 1:38:11.2 | |
| 15 | 118 | Enrico Casini | Pensacola FL | 251 | 31 | 12 | 14:17.6 | 4:56.9 | 15 | 47:56.7 | 16.6mph | 2:21.3 | 13 | 33:08.8 | 10:02/M | 1:42:41.3 | |
| 16 | 133 | Wesley Black | Madison MS | 131 | 33 | 14 | 15:13.7 | 1:27.1 | 17 | 53:21.3 | 15.0mph | 1:54.8 | 16 | 36:15.3 | 10:59/M | 1:48:12.2 | |
| 17 | 134 | Jeff Mroz | Mobile AL | 293 | 33 | 10 | 14:05.3 | 2:40.3 | 7 | 43:39.9 | 18.3mph | 1:39.0 | 17 | 46:11.3 | 14:00/M | 1:48:15.8 | |

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Male 35 to 39

| Overall* | | | | ----- 600Y SWIM ----- | | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | | Total | |
|----------|-------|----------------------|-----------------|-----------------------|-----|-----|---------|------------------------|-----|-----------|---------|----------------------|-----|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 12 | Daniel Collier | Satsuma AL | 56 | 38 | 5 | 11:36.9 | 0:47.8 | 1 | 37:24.6 | 21.3mph | 0:33.2 | 1 | 23:50.6 | 7:13/M | 1:14:13.1 |
| 2 | 23 | Patrick Miller | Fairhope AL | 234 | 38 | 6 | 11:41.4 | 2:13.6 | 3 | 39:44.3 | 20.1mph | 1:24.7 | 2 | 24:38.0 | 7:28/M | 1:19:42.0 |
| 3 | 25 | Alan Goncalves | Columbus MS | 162 | 35 | 3 | 11:28.9 | 1:59.0 | 5 | 40:24.7 | 19.8mph | 1:14.5 | 3 | 25:38.5 | 7:46/M | 1:20:45.6 |
| 4 | 38 | Tim Sansom | Fairhope AL | 308 | 39 | 16 | 14:05.0 | 1:50.3 | 2 | 39:22.8 | 20.3mph | 2:52.2 | 4 | 26:02.5 | 7:53/M | 1:24:12.8 |
| 5 | 46 | Tim Humbert | Spanish Fort AL | 279 | 37 | 13 | 13:21.3 | 2:06.2 | 4 | 40:07.5 | 19.9mph | 1:01.3 | 8 | 29:15.0 | 8:52/M | 1:25:51.3 |
| 6 | 51 | Daniel Dennis IV | Mobile AL | 41 | 36 | 4 | 11:30.3 | 1:00.5 | 8 | 44:15.4 | 18.0mph | 0:45.9 | 10 | 29:57.7 | 9:05/M | 1:27:29.8 |
| 7 | 61 | Rich Heidal | Mobile AL | 147 | 37 | 10 | 12:40.8 | 1:26.6 | 11 | 45:19.0 | 17.6mph | 1:16.4 | 5 | 28:24.1 | 8:36/M | 1:29:06.9 |
| 8 | 66 | Patrick Fuller | Mobile AL | 44 | 36 | 20 | 15:06.2 | 1:40.6 | 7 | 43:37.4 | 18.3mph | 1:03.1 | 6 | 28:44.7 | 8:42/M | 1:30:12.0 |
| 9 | 71 | Jason Gross | Fairhope AL | 299 | 36 | 7 | 12:04.7 | 2:25.7 | 12 | 45:26.0 | 17.6mph | 1:57.1 | 9 | 29:32.5 | 8:57/M | 1:31:26.0 |
| 10 | 76 | David Winck | Daphne AL | 157 | 38 | 2 | 11:06.0 | 2:38.7 | 10 | 44:49.4 | 17.8mph | 1:52.5 | 14 | 31:48.8 | 9:38/M | 1:32:15.4 |
| 11 | 81 | Mason Munoz | Foley AL | 163 | 38 | 11 | 12:57.6 | 3:28.2 | 9 | 44:20.0 | 18.0mph | 2:25.7 | 12 | 30:53.3 | 9:22/M | 1:34:04.8 |
| 12 | 84 | Timothy Sterling | Jackson MS | 283 | 35 | 8 | 12:39.7 | 1:33.0 | 6 | 43:25.3 | 18.4mph | 1:24.7 | 21 | 35:44.9 | 10:50/M | 1:34:47.6 |
| 13 | 88 | Phillip Greer | Fairhope AL | 104 | 35 | 14 | 13:23.1 | 1:50.5 | 17 | 48:13.0 | 16.6mph | 2:12.0 | 11 | 30:07.0 | 9:08/M | 1:35:45.6 |
| 14 | 93 | Frank Lott | Mobile AL | 214 | 39 | 15 | 13:47.2 | 1:44.7 | 13 | 46:17.9 | 17.2mph | 1:19.6 | 17 | 33:10.5 | 10:03/M | 1:36:19.9 |
| 15 | 100 | Tom Loper | Theodore AL | 18 | 35 | 9 | 12:40.8 | 1:31.6 | 18 | 49:46.5 | 16.0mph | 0:50.4 | 16 | 32:41.7 | 9:54/M | 1:37:31.0 |
| 16 | 111 | Cullan Duke | Mobile AL | 233 | 36 | 1 | 11:01.1 | 4:41.1 | 15 | 48:01.8 | 16.6mph | 1:24.4 | 19 | 34:26.5 | 10:26/M | 1:39:35.0 |
| 17 | 112 | Sean Kice | Nashville TN | 282 | 39 | 12 | 13:09.6 | 3:14.8 | 16 | 48:08.4 | 16.6mph | 2:32.8 | 18 | 34:05.3 | 10:20/M | 1:41:10.9 |
| 18 | 114 | Michael Hazer | Gautier MS | 92 | 36 | 23 | 16:07.0 | 3:04.5 | 21 | 52:00.7 | 15.3mph | 1:26.4 | 7 | 28:54.4 | 8:45/M | 1:41:33.0 |
| 19 | 123 | Sam Skidmore | Mobile AL | 5 | 35 | 24 | 16:37.4 | 2:14.9 | 19 | 51:06.6 | 15.6mph | 0:58.7 | 15 | 32:13.2 | 9:46/M | 1:43:10.8 |
| 20 | 124 | Martin Poynter | Mobile AL | 256 | 38 | 19 | 14:34.6 | 3:04.0 | 14 | 46:57.7 | 17.0mph | 2:26.4 | 22 | 36:17.8 | 11:00/M | 1:43:20.5 |
| 21 | 126 | Michael Papuda | Jackson MS | 303 | 39 | 21 | 15:18.9 | 3:11.8 | 22 | 52:52.3 | 15.1mph | 1:24.3 | 13 | 30:59.9 | 9:23/M | 1:43:47.2 |
| 22 | 129 | Christopher Mayfield | Birmingham AL | 78 | 37 | 22 | 15:52.7 | 1:27.6 | 20 | 51:45.4 | 15.4mph | 1:42.6 | 20 | 35:27.4 | 10:45/M | 1:46:15.7 |
| 23 | 146 | Brent Burns | Mobile AL | 4 | 38 | 17 | 14:17.8 | 3:05.4 | 23 | 55:08.4 | 14.5mph | 0:48.8 | 23 | 40:03.6 | 12:08/M | 1:53:24.0 |
| 24 | 159 | Justin Baldwin | Mobile AL | 100 | 35 | 18 | 14:26.4 | 6:47.7 | 24 | 1:08:53.9 | 11.6mph | 3:29.5 | 24 | 41:12.6 | 12:29/M | 2:14:50.1 |

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Male 40 to 44

| Overall* | | | | ----- 600Y SWIM ----- | | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | | Total | |
|----------|-------|-------------------|---------------|-----------------------|-----|-----|---------|------------------------|-----|---------|---------|----------------------|-----|---------|--------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 4 | Mccrary Otts | Mobile AL | 215 | 40 | 2 | 10:31.2 | 0:44.3 | 1 | 34:25.8 | 23.2mph | 0:39.0 | 2 | 22:53.5 | 6:56/M | 1:09:13.8 |
| 2 | 5 | Adrian Divittorio | Mobile AL | 55 | 43 | 4 | 11:35.2 | 0:51.7 | 2 | 35:20.3 | 22.6mph | 0:42.1 | 1 | 22:06.6 | 6:42/M | 1:10:36.0 |
| 3 | 6 | Jason Sucic | Birmingham AL | 189 | 40 | 3 | 10:42.2 | 1:26.4 | 3 | 35:24.9 | 22.5mph | 0:38.5 | 3 | 23:00.1 | 6:58/M | 1:11:12.1 |
| 4 | 14 | Thomas Wood | Mobile AL | 121 | 40 | 1 | 9:58.0 | 1:35.6 | 5 | 37:39.6 | 21.2mph | 0:59.4 | 6 | 24:22.3 | 7:23/M | 1:14:34.9 |
| 5 | 16 | Paul Swann | Mobile AL | 33 | 44 | 13 | 13:41.2 | 0:38.9 | 4 | 37:23.4 | 21.3mph | 0:40.8 | 5 | 24:02.8 | 7:17/M | 1:16:27.1 |
| 6 | 21 | Walter Hall | Wilmer AL | 148 | 41 | 8 | 12:44.9 | 1:00.4 | 9 | 40:47.8 | 19.6mph | 0:58.8 | 4 | 23:42.1 | 7:11/M | 1:19:14.0 |
| 7 | 22 | Chad Marchand | Mobile AL | 11 | 42 | 6 | 11:52.4 | 0:47.0 | 11 | 41:14.2 | 19.4mph | 0:55.8 | 7 | 24:38.4 | 7:28/M | 1:19:27.8 |
| 8 | 24 | Adam Overstreet | Daphne AL | 173 | 41 | 11 | 13:38.3 | 1:35.9 | 6 | 38:28.7 | 20.7mph | 1:20.3 | 10 | 25:24.3 | 7:42/M | 1:20:27.5 |

| | | | | | | | | | | | | | | | | |
|----|-----|-----------------|-----------------|-----|----|----|---------|--------|----|-----------|---------|--------|----|---------|---------|-----------|
| 9 | 31 | Jimmy Williams | Pensacola FL | 266 | 43 | 15 | 13:51.5 | 2:39.3 | 8 | 39:58.1 | 20.0mph | 1:08.8 | 9 | 25:08.4 | 7:37/M | 1:22:46.1 |
| 10 | 32 | Joe Langford | Spanish Fort AL | 62 | 44 | 5 | 11:49.7 | 1:56.1 | 10 | 40:58.2 | 19.5mph | 1:38.2 | 12 | 26:26.5 | 8:01/M | 1:22:48.7 |
| 11 | 33 | Troy Wilson | Spanish Fort AL | 208 | 41 | 9 | 12:45.9 | 2:33.9 | 7 | 39:27.1 | 20.2mph | 1:28.8 | 13 | 26:58.1 | 8:10/M | 1:23:13.8 |
| 12 | 69 | Greg Vaughan | Mobile AL | 240 | 40 | 16 | 13:52.9 | 3:18.1 | 12 | 43:09.0 | 18.5mph | 0:50.7 | 15 | 29:47.5 | 9:02/M | 1:30:58.2 |
| 13 | 73 | Darren Waters | Mobile AL | 292 | 44 | 17 | 14:02.1 | 3:35.2 | 16 | 48:39.9 | 16.4mph | 0:38.0 | 8 | 25:04.4 | 7:36/M | 1:31:59.6 |
| 14 | 74 | Ben Romero | Pensacola FL | 227 | 42 | 12 | 13:39.2 | 1:56.8 | 13 | 44:17.6 | 18.0mph | 2:45.1 | 14 | 29:22.3 | 8:54/M | 1:32:01.0 |
| 15 | 78 | John Keahey | Mobile AL | 193 | 42 | 7 | 12:40.4 | 2:23.2 | 18 | 51:04.8 | 15.6mph | 1:08.8 | 11 | 25:28.0 | 7:43/M | 1:32:45.2 |
| 16 | 108 | Landon McCarty | Pascagoula MS | 138 | 40 | 10 | 13:17.9 | 2:47.7 | 14 | 46:33.9 | 17.1mph | 2:07.4 | 19 | 34:23.7 | 10:25/M | 1:39:10.6 |
| 17 | 121 | Todd Bergeron | Elgin IL | 185 | 44 | 18 | 15:12.9 | 2:29.0 | 15 | 48:16.1 | 16.5mph | 0:50.2 | 20 | 36:07.6 | 10:57/M | 1:42:55.8 |
| 18 | 128 | Jeffrey Hicks | Jacksonville FL | 219 | 44 | 21 | 17:40.9 | 1:04.3 | 17 | 50:54.5 | 15.7mph | 1:05.7 | 18 | 33:58.5 | 10:18/M | 1:44:43.9 |
| 19 | 137 | Jason Hons | Spanish Fort AL | 274 | 42 | 14 | 13:47.6 | 2:40.8 | 19 | 51:51.9 | 15.4mph | 1:58.0 | 21 | 38:16.8 | 11:36/M | 1:48:35.1 |
| 20 | 138 | H. Barber Boone | Jackson MS | 122 | 40 | 19 | 15:32.7 | 4:18.0 | 20 | 55:24.4 | 14.4mph | 1:39.4 | 16 | 32:19.7 | 9:48/M | 1:49:14.2 |
| 21 | 153 | Ashley Johnson | Semmes AL | 10 | 43 | 20 | 16:28.7 | 2:42.4 | 22 | 1:09:26.7 | 11.5mph | 1:07.6 | 17 | 33:50.9 | 10:15/M | 2:03:36.3 |
| 22 | 163 | Micah Miller | Mobile AL | 136 | 41 | 22 | 27:07.9 | 4:40.6 | 21 | 1:07:28.6 | 11.8mph | 3:44.0 | 22 | 49:43.1 | 15:04/M | 2:32:44.2 |

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Male 45 to 49

| Overall* | | | | ----- 600Y SWIM ----- | | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | |
|----------|-------|------------------|-----------------|-----------------------|-----|-----|---------|------------------------|-----|-----------|---------|----------------------|-----|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 18 | David Fivecoat | Columbus GA | 237 | 45 | 1 | 11:18.7 | 1:26.5 | 1 | 38:13.2 | 20.9mph | 1:11.9 | 3 | 24:23.2 | 7:23/M | 1:16:33.5 |
| 2 | 26 | Chris Susic | Huntsville AL | 190 | 46 | 2 | 12:29.9 | 1:57.6 | 2 | 41:27.6 | 19.3mph | 1:18.8 | 1 | 23:33.8 | 7:08/M | 1:20:47.7 |
| 3 | 39 | Brian Burnes | Livingston AL | 115 | 45 | 10 | 14:35.8 | 0:57.7 | 5 | 43:05.7 | 18.5mph | 0:42.4 | 4 | 24:56.6 | 7:33/M | 1:24:18.2 |
| 4 | 43 | John Kavanagh | Fairhope AL | 258 | 49 | 7 | 14:07.9 | 2:17.6 | 6 | 43:28.7 | 18.4mph | 1:18.8 | 2 | 24:00.5 | 7:16/M | 1:25:13.5 |
| 5 | 57 | Lee Thompson | Spanish Fort AL | 280 | 48 | 3 | 12:52.1 | 3:38.6 | 4 | 42:40.8 | 18.7mph | 1:25.9 | 6 | 28:06.3 | 8:31/M | 1:28:43.7 |
| 6 | 70 | Walter Picou | Raceland LA | 38 | 47 | 9 | 14:26.1 | 1:37.1 | 7 | 45:10.0 | 17.7mph | 1:30.3 | 7 | 28:35.4 | 8:40/M | 1:31:18.9 |
| 7 | 86 | Mark Gartman | Chunchula AL | 51 | 49 | 11 | 14:36.0 | 1:51.9 | 8 | 45:51.7 | 17.4mph | 0:54.6 | 9 | 32:19.8 | 9:48/M | 1:35:34.0 |
| 8 | 91 | Dewayne Smith | Mobile AL | 35 | 47 | 14 | 16:34.0 | 1:56.8 | 3 | 42:30.3 | 18.8mph | 1:28.7 | 11 | 33:27.8 | 10:08/M | 1:35:57.6 |
| 9 | 106 | Mike Bouve | Metairie LA | 42 | 45 | 8 | 14:15.6 | 2:33.5 | 9 | 47:22.1 | 16.8mph | 1:09.6 | 10 | 33:13.8 | 10:04/M | 1:38:34.6 |
| 10 | 119 | Matt Singleton | Mobile AL | 178 | 47 | 6 | 13:49.2 | 3:21.7 | 11 | 54:10.5 | 14.7mph | 1:44.5 | 8 | 29:42.6 | 9:00/M | 1:42:48.5 |
| 11 | 145 | Lawrence Specker | Mobile AL | 206 | 47 | 13 | 16:25.9 | 4:12.1 | 10 | 48:06.2 | 16.6mph | 2:00.1 | 14 | 42:33.8 | 12:54/M | 1:53:18.1 |
| 12 | 148 | Kelp Littlefield | New Orleans LA | 294 | 48 | 12 | 15:06.3 | 4:42.4 | 12 | 1:00:53.2 | 13.1mph | 2:40.8 | 12 | 33:29.2 | 10:09/M | 1:56:51.9 |
| 13 | 150 | David Shumer | Mobile AL | 6 | 45 | 5 | 13:02.8 | 2:40.6 | 13 | 1:01:17.5 | 13.0mph | 1:27.7 | 13 | 40:08.1 | 12:10/M | 1:58:36.7 |
| 14 | 155 | Jay Davis | Lucedale MS | 166 | 49 | 4 | 12:54.4 | 2:09.3 | 14 | 1:22:44.6 | 9.65mph | 1:44.1 | 5 | 26:20.6 | 7:59/M | 2:05:53.0 |

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Male 50 to 54

| Overall* | | | | ----- 600Y SWIM ----- | | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | Total | | |
|----------|-------|------|------|-----------------------|-----|-----|------|------------------------|-----|------|------|----------------------|-----|-------|------|------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |

| | | | | | | | | | | | | | | | | |
|----|-----|-------------------|-------------------|------|----|----|---------|--------|----|-----------|---------|--------|----|---------|---------|-----------|
| 1 | 11 | Pete Prichard | Ocean Springs MS | 295 | 53 | 2 | 10:30.8 | 1:26.6 | 1 | 37:21.5 | 21.4mph | 0:58.7 | 1 | 23:39.9 | 7:10/M | 1:13:57.5 |
| 2 | 34 | Mike Hendrixson | Orange Beach AL | 113 | 53 | 5 | 12:12.3 | 2:49.8 | 3 | 40:54.2 | 19.5mph | 1:13.6 | 2 | 26:05.6 | 7:54/M | 1:23:15.5 |
| 3 | 37 | Kevin Graham | Mobile AL | 109 | 51 | 13 | 14:09.7 | 1:26.9 | 2 | 38:59.0 | 20.5mph | 1:14.0 | 4 | 28:10.8 | 8:32/M | 1:24:00.4 |
| 4 | 50 | Richard Davis | Meridian MS | 238 | 53 | 9 | 13:06.9 | 1:47.4 | 6 | 42:58.4 | 18.6mph | 1:42.8 | 3 | 27:46.3 | 8:25/M | 1:27:21.8 |
| 5 | 52 | Stephen Smith | Ocean Springs MS | 262 | 50 | 7 | 12:42.9 | 1:50.1 | 7 | 43:09.1 | 18.5mph | 1:07.9 | 6 | 28:45.6 | 8:43/M | 1:27:35.6 |
| 6 | 58 | Edgar Maier | Mobile AL | 209 | 50 | 6 | 12:41.8 | 2:45.5 | 4 | 41:26.4 | 19.3mph | 1:19.1 | 8 | 30:35.4 | 9:16/M | 1:28:48.2 |
| 7 | 60 | Nigel Kinton | | 39 | 52 | 1 | 10:29.8 | 1:32.7 | 5 | 42:06.1 | 19.0mph | 1:07.5 | 11 | 33:38.0 | 10:12/M | 1:28:54.1 |
| 8 | 62 | Kevin Kennedy | Dauphin Island AL | 172 | 50 | 4 | 11:26.2 | 2:01.1 | 10 | 45:21.5 | 17.6mph | 1:24.6 | 7 | 29:09.2 | 8:50/M | 1:29:22.6 |
| 9 | 64 | Edgar Maier | Mobile AL | 1035 | 50 | 8 | 12:54.1 | 2:46.6 | 8 | 44:02.0 | 18.1mph | 2:00.9 | 5 | 28:12.1 | 8:33/M | 1:29:55.7 |
| 10 | 92 | Robert Split | Mobile AL | 229 | 51 | 3 | 11:15.2 | 3:50.8 | 9 | 44:07.3 | 18.1mph | 1:46.6 | 12 | 35:01.6 | 10:37/M | 1:36:01.5 |
| 11 | 98 | John Bender | Mobile AL | 198 | 54 | 11 | 13:28.6 | 2:01.1 | 13 | 49:07.6 | 16.2mph | 0:40.6 | 9 | 31:52.3 | 9:39/M | 1:37:10.2 |
| 12 | 120 | Frankie Massey | Lucedale MS | 106 | 53 | 10 | 13:20.4 | 3:40.7 | 12 | 47:09.3 | 16.9mph | 3:15.1 | 13 | 35:24.4 | 10:44/M | 1:42:49.9 |
| 13 | 122 | Jerry Wooley | Wilmer AL | 85 | 54 | 15 | 15:17.1 | 2:59.0 | 14 | 49:43.1 | 16.1mph | 2:40.3 | 10 | 32:30.1 | 9:51/M | 1:43:09.6 |
| 14 | 125 | Frank Lund | Ocean Springs MS | 290 | 51 | 12 | 14:02.7 | 3:42.6 | 11 | 46:28.8 | 17.2mph | 2:16.0 | 14 | 37:03.1 | 11:14/M | 1:43:33.2 |
| 15 | 144 | Alan Floyd | Mobile AL | 169 | 50 | 16 | 16:16.5 | 2:21.6 | 15 | 50:08.1 | 15.9mph | 1:12.8 | 16 | 42:31.1 | 12:53/M | 1:52:30.1 |
| 16 | 147 | Trey Fontana | New Orleans LA | 300 | 52 | 17 | 16:26.0 | 2:07.3 | 16 | 56:42.8 | 14.1mph | 2:46.4 | 15 | 37:52.6 | 11:28/M | 1:55:55.1 |
| 17 | 151 | Frank Lilley | Theodore AL | 158 | 53 | 14 | 14:43.3 | 3:03.3 | 17 | 58:32.8 | 13.6mph | 1:27.5 | 17 | 43:55.6 | 13:18/M | 2:01:42.5 |
| 18 | 160 | Andrew McCullough | Taylorsville KY | 36 | 52 | 18 | 18:31.8 | 5:46.8 | 18 | 1:00:52.6 | 13.1mph | 1:38.0 | 18 | 49:10.0 | 14:54/M | 2:15:59.2 |
| 19 | 162 | Michael Goldman | Jackson AL | 118 | 53 | 19 | 24:00.6 | 5:57.5 | 19 | 1:03:08.1 | 12.6mph | 3:13.8 | 19 | 50:42.8 | 15:22/M | 2:27:02.8 |

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Male 55 to 59

| Overall* | | | | ----- 600Y SWIM ----- | | T1 | ----- 13.3M Bike ----- | | T2 | ----- 3.3M Run ----- | | Total | | | | |
|----------|-------|----------------|----------------|-----------------------|-----|-----|------------------------|--------|-----|----------------------|---------|--------|-----|---------|--------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 8 | Troy Goss | Birmingham AL | 90 | 56 | 3 | 11:20.0 | 1:10.8 | 1 | 34:42.2 | 23.0mph | 0:43.7 | 1 | 24:05.1 | 7:18/M | 1:12:01.9 |
| 2 | 17 | Paul Gigliotti | Opelika AL | 253 | 59 | 2 | 11:07.5 | 0:45.5 | 2 | 36:59.6 | 21.6mph | 1:05.9 | 3 | 26:31.9 | 8:02/M | 1:16:30.4 |
| 3 | 20 | Roger Cole | Mobile AL | 89 | 55 | 1 | 9:34.7 | 1:47.0 | 5 | 41:03.9 | 19.4mph | 1:19.0 | 2 | 25:20.0 | 7:41/M | 1:19:04.6 |
| 4 | 30 | John Murrah | Memphis TN | 196 | 58 | 4 | 11:45.1 | 2:12.6 | 4 | 39:31.3 | 20.2mph | 1:43.6 | 4 | 27:02.2 | 8:12/M | 1:22:14.8 |
| 5 | 40 | Bill Hines | Mobile AL | 236 | 56 | 5 | 12:48.2 | 1:50.6 | 3 | 37:42.9 | 21.2mph | 2:20.5 | 11 | 29:45.0 | 9:01/M | 1:24:27.2 |
| 6 | 53 | Don Davis | Mobile AL | 1 | 59 | 7 | 12:56.9 | 1:51.7 | 7 | 42:02.6 | 19.0mph | 1:23.0 | 10 | 29:35.2 | 8:58/M | 1:27:49.4 |
| 7 | 56 | Thomas McGee | Mobile AL | 82 | 57 | 9 | 13:53.7 | 2:33.1 | 6 | 42:01.4 | 19.0mph | 1:53.8 | 6 | 28:06.5 | 8:31/M | 1:28:28.5 |
| 8 | 59 | Charlie Girod | Theodore AL | 159 | 57 | 6 | 12:50.8 | 2:08.4 | 9 | 45:03.8 | 17.7mph | 1:35.2 | 5 | 27:11.1 | 8:14/M | 1:28:49.3 |
| 9 | 80 | John Leach | Daphne AL | 75 | 55 | 14 | 15:13.9 | 1:38.3 | 11 | 45:51.7 | 17.4mph | 1:50.7 | 8 | 28:22.7 | 8:36/M | 1:32:57.3 |
| 10 | 85 | Bruce King | Mobile AL | 133 | 57 | 11 | 13:58.5 | 2:12.6 | 14 | 48:32.8 | 16.4mph | 2:05.5 | 7 | 28:06.9 | 8:31/M | 1:34:56.3 |
| 11 | 89 | Eddie Crocker | Mobile AL | 93 | 55 | 10 | 13:54.1 | 3:47.0 | 10 | 45:14.4 | 17.6mph | 0:50.8 | 14 | 32:04.8 | 9:43/M | 1:35:51.1 |
| 12 | 90 | Brent J Lancon | Franklin LA | 195 | 57 | 13 | 14:43.4 | 2:45.1 | 12 | 46:29.4 | 17.2mph | 0:52.3 | 13 | 31:02.3 | 9:24/M | 1:35:52.5 |
| 13 | 109 | Lawrence McGee | Spartanburg SC | 45 | 57 | 8 | 13:13.4 | 4:19.2 | 13 | 47:27.7 | 16.8mph | 1:48.9 | 15 | 32:21.6 | 9:48/M | 1:39:10.8 |
| 14 | 113 | Jeddy Ruiz | Pensacola FL | 52 | 55 | 17 | 22:56.5 | 1:55.2 | 8 | 43:55.5 | 18.2mph | 1:42.4 | 12 | 30:43.4 | 9:18/M | 1:41:13.0 |
| 15 | 115 | Ben King | Mobile AL | 291 | 59 | 15 | 16:40.2 | 4:17.2 | 17 | 50:51.6 | 15.7mph | 1:33.1 | 9 | 28:46.0 | 8:43/M | 1:42:08.1 |

| | | | | | | | | | | | | | | | | |
|----|-----|----------------|---------------|-----|----|----|---------|--------|----|---------|---------|--------|----|---------|---------|-----------|
| 16 | 130 | Shawn Bergeron | Alpharetta GA | 184 | 56 | 12 | 14:40.3 | 3:16.0 | 15 | 50:38.9 | 15.8mph | 2:12.0 | 17 | 35:49.5 | 10:51/M | 1:46:36.7 |
| 17 | 142 | Kenny Wilson | Crestview FL | 259 | 57 | 16 | 18:35.0 | 3:52.7 | 16 | 50:40.5 | 15.8mph | 2:45.9 | 16 | 35:40.3 | 10:48/M | 1:51:34.4 |

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Male 60 to 64

| Overall* | | | | ----- 600Y SWIM ----- | | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | | Total | |
|----------|-------|--------------------|----------------------|-----------------------|-----|-----|---------|------------------------|-----|-----------|---------|----------------------|-----|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 10 | Bailey Terry | Biloxi MS | 271 | 64 | 1 | 11:09.6 | 1:33.3 | 1 | 36:33.7 | 21.8mph | 1:10.6 | 2 | 23:28.9 | 7:07/M | 1:13:56.1 |
| 2 | 15 | Leonard Vergunst | Ocean Springs MS | 310 | 61 | 3 | 12:02.8 | 1:46.7 | 2 | 38:03.1 | 21.0mph | 0:56.5 | 1 | 22:07.0 | 6:42/M | 1:14:56.1 |
| 3 | 48 | Mike Cork | Demopolis AL | 125 | 61 | 10 | 15:38.8 | 1:15.9 | 3 | 38:44.4 | 20.6mph | 0:55.1 | 3 | 29:19.9 | 8:53/M | 1:25:54.1 |
| 4 | 65 | Peter Muncie | Pascagoula MS | 186 | 60 | 2 | 11:24.2 | 2:35.8 | 5 | 43:46.1 | 18.2mph | 1:56.8 | 4 | 30:23.0 | 9:12/M | 1:30:05.9 |
| 5 | 67 | John Holmes | Long Beach MS | 34 | 61 | 8 | 15:24.6 | 2:00.6 | 4 | 39:51.1 | 20.0mph | 1:04.8 | 5 | 31:53.1 | 9:40/M | 1:30:14.2 |
| 6 | 97 | Patrick Enlow | Robertsdale AL | 50 | 60 | 6 | 14:50.0 | 1:53.0 | 7 | 45:42.7 | 17.5mph | 1:25.9 | 6 | 33:03.7 | 10:01/M | 1:36:55.3 |
| 7 | 99 | Tom Watts | Columbia MS | 139 | 62 | 7 | 15:13.7 | 1:35.7 | 6 | 43:48.3 | 18.2mph | 1:07.1 | 8 | 35:29.2 | 10:45/M | 1:37:14.0 |
| 8 | 105 | John White-Spunner | Mobile AL | 126 | 61 | 4 | 13:42.5 | 1:11.1 | 9 | 48:19.8 | 16.5mph | 1:13.5 | 7 | 33:50.2 | 10:15/M | 1:38:17.1 |
| 9 | 136 | Dan Dennis 111 | Mobile AL | 23 | 63 | 5 | 14:02.2 | 1:49.4 | 8 | 47:23.3 | 16.8mph | 1:07.4 | 9 | 44:06.8 | 13:22/M | 1:48:29.1 |
| 10 | 149 | James Giordano | Fairhope AL | 277 | 63 | 9 | 15:27.8 | 3:38.7 | 10 | 51:08.4 | 15.6mph | 3:33.4 | 10 | 44:44.8 | 13:33/M | 1:58:33.1 |
| 11 | 158 | Frank Schulte | North Little Rock AR | 59 | 61 | 11 | 19:32.4 | 2:17.1 | 11 | 1:00:50.0 | 13.1mph | 2:24.5 | 11 | 45:49.9 | 13:53/M | 2:10:53.9 |

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Male 65 and Over

| Overall* | | | | ----- 600Y SWIM ----- | | | T1 | ----- 13.3M Bike ----- | | | T2 | ----- 3.3M Run ----- | | | Total | |
|----------|-------|-------------------|-------------------|-----------------------|-----|-----|---------|------------------------|-----|---------|---------|----------------------|-----|---------|---------|-----------|
| Place | Place | Name | City | Bib No | Age | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 1 | 45 | Phil Murrah | Memphis TN | 205 | 66 | 1 | 11:18.4 | 1:59.8 | 1 | 39:58.8 | 20.0mph | 1:16.0 | 2 | 31:18.2 | 9:29/M | 1:25:51.2 |
| 2 | 68 | Michael Morrissey | Birmingham AL | 61 | 65 | 4 | 13:44.8 | 2:19.5 | 2 | 41:49.8 | 19.1mph | 1:45.7 | 1 | 31:01.6 | 9:24/M | 1:30:41.4 |
| 3 | 77 | Richard Snow | Tuscaloosa AL | 161 | 70 | 3 | 13:00.1 | 1:47.2 | 4 | 44:56.3 | 17.8mph | 0:42.4 | 3 | 31:52.7 | 9:39/M | 1:32:18.7 |
| 4 | 102 | G C Oswalt Jr | Mobile AL | 267 | 68 | 2 | 12:53.6 | 2:54.2 | 3 | 44:48.3 | 17.8mph | 1:45.4 | 5 | 35:37.0 | 10:48/M | 1:37:58.5 |
| 5 | 127 | Bill Pattinson | Ocean Springs MS | 203 | 67 | 5 | 13:48.1 | 4:13.7 | 6 | 48:54.3 | 16.3mph | 2:29.5 | 4 | 35:04.1 | 10:38/M | 1:44:29.7 |
| 6 | 131 | Jimmy Fleming | Eutaw AL | 285 | 77 | 8 | 16:48.7 | 3:07.8 | 5 | 48:36.4 | 16.4mph | 2:09.6 | 6 | 36:28.1 | 11:03/M | 1:47:10.6 |
| 7 | 143 | Gary Beeler | Semmes AL | 9 | 69 | 6 | 15:57.1 | 1:51.2 | 7 | 50:08.2 | 15.9mph | 2:37.5 | 7 | 41:42.0 | 12:38/M | 1:52:16.0 |
| 8 | 154 | John McCall | Dauphin Island AL | 188 | 76 | 7 | 16:41.4 | 3:53.2 | 8 | 51:01.5 | 15.6mph | 2:36.3 | 8 | 51:17.2 | 15:32/M | 2:05:29.6 |
| 9 | 161 | Steve Sucic | Huntsville AL | 191 | 67 | 9 | 25:01.8 | 5:53.7 | 9 | 56:33.8 | 14.1mph | 3:17.9 | 9 | 51:50.6 | 15:42/M | 2:22:37.8 |

*Overall place within gender.